**CAREER 101 LIFE & CAREER COACHING**

**FROM THE DESK OF THE DEAN**

**CAREER INTEREST INVENTORY**

**TOPIC 3**

Tell us your interests. We'll show you career clusters you might like.

**Score the Activities from 1 being the most important to 8 least important that describes what you like to do:**

\_\_\_ Adapt to change or perform a variety of duties that may change.

\_\_\_ Analyze information and interpret it for others.

\_\_\_ Be a leader or in a position of authority.

\_\_\_ Be involved in corporate politics.

\_\_\_ Be outdoors in all kinds of weather.

\_\_\_ Budget and handle money and records with accuracy and reliability.

\_\_\_ Care about people, their needs, and their problems.

\_\_\_. Concentrate for long periods without being distracted.

**Score from 1 most important to 10 least important that describes what you like to do:**

\_\_\_ Design brochures and posters.

\_\_\_ Design efficient processes.

\_\_\_ Direct and plan activities for others.

\_\_\_ Do routine, organized, and accurate work.

\_\_\_. Drive or be a passenger.

\_\_\_ Explore new technology.

\_\_\_ Figure out how things work or investigate new things.

\_\_\_ Find the answers to questions.

\_\_\_ Find the best way or a new way to do something.

\_\_\_ Follow logical, step-by-step procedures.

**Score from 1 most important to 6 least important that describes what you like to do:**

\_\_\_ Give presentations, enjoy public speaking, or perform in front of others.

\_\_\_ Handle several responsibilities at once.

\_\_\_ Have a flexible schedule.

\_\_\_ Help others learn new things.

\_\_\_ Help people make up their minds.

\_\_\_ Help people overcome their challenges to be at their best.

Check the activities that describe what you like to do:

**Score from 1 most important to 18 least important that describes what you like to do:**

\_\_\_ Attend health and science classes or workshops.

\_\_\_ Help sick people and animals.

\_\_\_ Learn about other cultures and meet different kinds of people.

\_\_\_ Learn how things grow and stay alive.

\_\_\_ Listen to other people's viewpoints.

\_\_\_ Make business contact with people.

\_\_\_ Make decisions based on observations.

\_\_\_ Make visual displays to promote ideas.

\_\_\_ Move things from one place to another.

\_\_\_ Negotiate, defend, and debate ideas and topics.

\_\_\_ Observe and analyze people's behavior.

\_\_\_ Participate in community services and/or volunteering.

\_\_\_ Perform detailed work that requires precise or tangible results.

\_\_\_. Perform creative, artistic activities.

\_\_\_ Persuade people to buy products or to participate in activities.

\_\_\_. Picture in my mind what a finished product looks like.

\_\_\_ Plan work and follow instructions without close supervision.

\_\_\_ Respond quickly and calmly in emergencies

**Score from 1 most important to 18 least important that describes what you like to do:**

\_\_\_. Play a music instrument.

\_\_\_. Play video games and figure out how they work.

\_\_\_. Promote or communicate ideas and/or information to different types of people.

\_\_\_. Protect the environment.

\_\_\_. Put things together.

\_\_\_. Read and write.

\_\_\_ Respect and follow rules and regulations.

\_\_\_. Solve technical or mechanical problems.

\_\_\_. Take advantage of opportunities to make extra money.

\_\_\_. Take classes or workshops.

\_\_\_. Travel and explore new things.

\_\_\_. Understand and follow instructions and/or blueprints.

\_\_\_. Use existing facts to predict or anticipate needs and prepare for them.

\_\_\_. Use logic and information to make decisions or solve complex problems.

\_\_\_ Use my eyes and quick reflexes.

\_\_\_ Use the earth's natural resources.

\_\_\_ Use tools or operate equipment / machinery, and keep them in good repair.

\_\_\_. Use video and recording technology.

**Score from 1 most important to 10 least important that describes what you like to do:**

\_\_\_. Visit and learn from beautiful, historic, or interesting buildings.

\_\_\_. Visualize objects in three dimensions from flat drawings.

\_\_\_. Work cooperatively with others as a member of a team.

\_\_\_. Work in a laboratory.

\_\_\_. Work to meet a deadline.

\_\_\_. Work under pressure or in the face of danger.

\_\_\_. Work with and interact with all ages and types of people.

\_\_\_. Work with computers or computer programs.

\_\_\_. Work with my hands.

\_\_\_. Work with and interpret numbers or formulas to come up with solutions.

**TOPIC 3**

**DISCUSSION QUESTION 1**

What surprised you about your career interest inventory?

**DISCUSSION QUESTION 2**

Based on your Career Interest Inventory what should you focus more on that you thought was important to you?

**DISCUSSION QUESTION 3 – SET UP CALL WITH THE DEAN**

**Please have your questions and assignments available to discuss in a 15-30 minute block.**